



City of Commerce
Department of Parks and Recreation
Aquatic Team Rules and Regulations

Rules and Regulations

The Aquatic Team Rules and Regulations govern the Aquatic Competitive Program and will be adhered to by all team members.

Mission of the Aquatics Competitive Program

The City of Commerce is dedicated to helping young athletes achieve their personal potential through Aquatics by instilling in them responsibility, leadership, and dedication.

I. Eligibility

- a. The Aquatics Program is open to youth ages 5-20 who hold a valid Commerce Resident Activity Card.
 - i. Resident – Open to all City of Commerce Residents.
 - ii. Grandchild – Grandchildren of City of Commerce Residents are eligible until their 19th birthday.
 - iii. Employee Family Members – Family members of City of Commerce Employees living in the same household.
- b. Team members must complete an annual registration form including an annual physical examination.
- c. Any team member that leaves the Commerce Aquatic Competitive Program to enroll or engage in any aquatic sport with another organization or agency or non-City of Commerce sponsored team will be dropped. Re-admittance to the program is subject to Department and /or City Council approval. However, that individual will be placed on a one-year probation period beginning the first day upon return. Probation will not exclude local competition and will affect only major excursion tournaments. Exceptions are: CIF, Universities and College Sports.
- d. Parents or team members with knowledge that another team member may be ineligible for the Aquatic Program must inform the Aquatic Supervisor in writing before an investigation will be conducted.

II. Member Conduct

- a. The behavior of Aquatic Team members and Parents reflect on the team and the City of Commerce. Team Members must abide by the Code of Conduct. While at workout, games, meets or tournaments, and while traveling to or from workout, games, meets or tournaments, participants must adhere to the following:
 - i. No foul language
 - ii. No indecent gestures

- iii. Sportsmanship like conduct towards teammates, opposing teams, coaches, and officials
- iv. No running, screaming, or horseplay in the facility
- v. No back talking to coaches or officials
- b. Conduct that is deemed unacceptable may result in discipline including:
 - i. Extra workouts or sets
 - ii. Dismissal from practice
 - iii. Exclusion from meets, games, or tournaments
 - iv. Suspension
 - v. Dismissal from the Aquatic Program

III. Attendance

- a. Regular attendance at workout is important both to the progression of the individual athlete and the team as a whole.
 - a. Excused Tardy – If your child is going to be late to workout, please leave a message on the coach’s voice mail or send a note with your child.
 - b. Unexcused Tardy – If your child comes to workout late without a valid reason and/or note from the parent, your child will be given a reprimand report. This is to communicate with the parent that your child was late to workout.
 - c. Constant Lates – A team member that is constantly late is a disruption to workouts. The coach will work with the parent and athlete to reach a solution.

IV. Participation

- a. Team Members in 8th grade and below must be active members of the swim team to be eligible to participate in water polo.
- b. Team members that leave the team for more than 4 weeks will be billed the annual registration fee for USA Water Polo and/or USA Swimming.
- c. Team Members that fail to participate in a meet that they have entered and do not have a valid reason (sickness, injury, etc.), will be billed the entry amount for that meet.
- d. Swim Team members must compete at a minimum of 1 swim meet each quarter to remain active members of the swim team. Failure to compete in at least 1 meet in 2 consecutive quarters will result in being dropped from the team. Exception to this rule for High School athletes during their water polo season.
- e. Swim Team members must attend a minimum of 50% of the practices offered each quarter. Failure to do so in 2 consecutive quarters will result in being dropped from the team. Exception to this rule for High School athletes during their water polo season.
- f. **Parents must attend and be willing to time at any swim meet that their child has entered. If a parent is not able to attend a swim meet, they must make arrangements with another parent**

to be responsible for their timing. Failure to provide timing may result in your child being removed from the meet and billed for the cost the City incurred for the meet entry.

V. Travel Competitions

- a. Team members must be in good standing.
- b. New Team Members have to be on the team for six months before they are eligible for travel competitions.
- c. Team members must have a minimum of a 2.0 GPA.
- d. Team members must meet team travel eligibility standards.
- e. Each Team member participating on a planned tournament excursion must leave and return with the team. Deviation from the planned excursion must be approved in advance will be at the expense of the participant.

VI. Dismissal

- a. Team members that commit serious offenses or that do not respond to progressive disciplinary measures will be subject to suspension or dismissal from the Aquatic Program. Disciplinary action will affect that team member's participation in the entire Aquatic Program, not just Swim Team or Water Polo.
- b. The Aquatic Club Booster will have the right to appeal a suspension or dismissal on behalf of the parent or team member if the parent or team member request it.

VII. Parent Responsibility

- a. Parents are invited to view workouts. However, parents are not allowed on deck during workout. Workouts must be viewed from the spectator viewing area.
- b. Any complaints regarding the coaching staff should be brought to the attention of the Aquatic Supervisor. Coaches are not to be interrupted during workouts or games.

Signature of Athlete

Date

Signature of Parent or Guardian

Date